

Participant Name: _____

Date: _____

***The Budgeting Puzzle:
Creating a Plan, Stopping the Leaks, and Putting Every Dollar to Work***

Warm-Up:

• **Question:**

• **Response:**

Purpose:

- I know terms associated with creating and maintaining a budget.
- I understand the importance of managing my money and being financially responsible.
- I have the tools and skills to create my own budget. (In fact, I've already started one!)
- I explored some problems that can arise when creating a budget, and I know how to avoid those problems.

Part I - Building a Foundation:

- A) **K-W-L Chart:** Fill in the first two sections of the chart now with what you already know about budgeting and what you would like to learn. At the end of the day we'll revisit this chart and add in what we learned.

KNOW	WANT TO LEARN	LEARNED

- B) **Vocabulary:** Listen as the instructor covers these terms. Jot down definitions for any words that are totally unfamiliar.

General Terms

- budget
 - income
 - expense
- cost comparison
- cost-benefit analysis
- future expenses
 - short-term
 - medium-term
 - long-term

Related to Your Bank Account:

- balance
- deposit
- overdraft
- savings
- transaction
- transfer
- withdraw

More In-Depth:

- | | | |
|------------------|-----------------------------|-----------------|
| • monthly salary | • loan | • joint account |
| • taxes | • point-of-sale transaction | • hold |
| • ATM card | • insufficient funds | • gross income |
| • debit card | • direct deposit | • net income |
| • checking | • transaction history | |

C) **Notes:** As the instructor shares information, record what you need to know in the space provided.

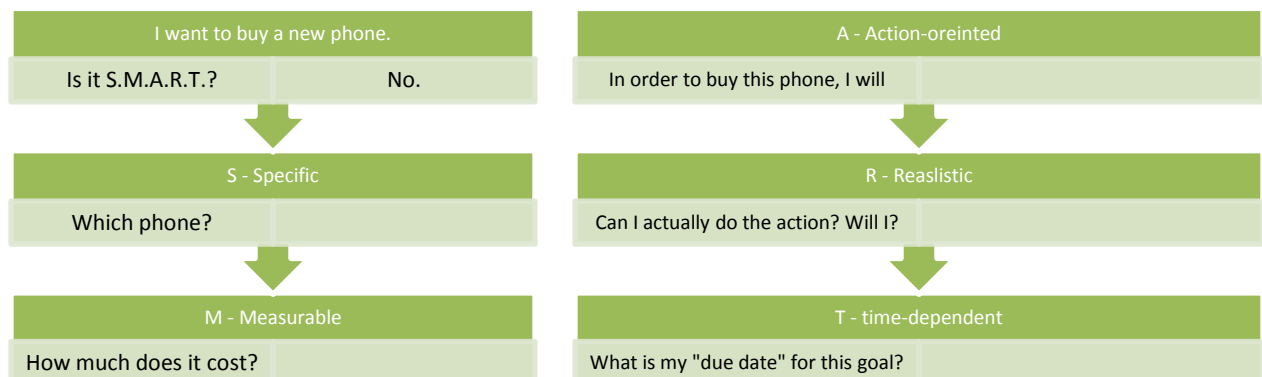
Beginning a Budget

	Now	Later
Income		
Major Expenses		
Day-to-Day Spending		
Savings		
Records		

Wants vs. Needs

- needs –
examples:
- wants –
examples:

S.M.A.R.T. Goals: S – specific M – measurable A – action-oriented R – reasonable T – time-dependent



Part II – Exploring Deeper

Activity #1 - Stopping the Leaks:

Questions:

1. Kayla's total expenditures in May were \$586.82. How much money does that leave her to put in her car savings fund? _____
2. How much does Kayla want to put toward her car savings each month and why? _____

3. If Kayla does not change her spending habits, how long will it take her to save the \$1,000 she wants? _____

4. In which category did Kayla spend significantly more than her budgeted amount? _____
5. Where is Kayla's biggest "leak"? _____

Reflections:

1. Remember the rule, "Pay yourself first!" What could Kayla do to make sure she reaches her goal of saving \$1,000 for her car in one year?

2. What leaks do you think your budget may have? Even if you've never created a budget, what do you know you spend money on regularly that you could cut back if you needed to?

Activity #2 – Expect the Unexpected:

Reflection: How did this activity make you feel?

Lesson: What did you learn from this activity?

Budget Brainstorm:

Sources of Income: _____

Approximate Monthly Income: _____

On what do I spend money? _____

Into what categories does my spending break down? _____

For what long-term goals do I want to start saving/am I already saving? _____

**On the following page, create a budget for yourself. Include income and expenses. Make sure
you budget balances to zero. Every penny should go somewhere!**

BUDGET

Income	Expense	Amount

ACTION: Fill in one action you commit to take in your life to help your current/future finances.
